

**WESTERN PROVINCE ROPE SKIPPING CHAMPIONSHIPS**  
**22 AUGUST 2009-BELLVILLE VELODROME**

**Membership Information**

Please find attached this year's membership registration forms. To ensure your athletes are eligible to compete at this year's Provincial Rope Skipping Championships, your forms must be received before the 14<sup>th</sup> August 2009. To participate in the **2009 Western Province Rope Skipping Championships**, all athletes and coaches should be registered/affiliated with the **Western Province Gymnastics Association/South African Gymnastics Federation (SAGF)**.

**Instructions and Information:**

1. All registration forms are due by **Friday, August 14<sup>th</sup>, 2009**. Late entries will not be accepted.
2. Age Categories for both Males & Females to compete at, are as follows:

<b>POSSIBLE AGE CATEGORIES</b>	
<b>7 to 8 yrs</b>	<b>2002 to 2001</b>
<b>9 to 11 yrs</b>	<b>2000 to 1998</b>
<b>12 to 14 yrs</b>	<b>1997 to 1995</b>
<b>15 to 17 yrs</b>	<b>1994 to 1992</b>
<b>18 and above yrs</b>	<b>1991 and above</b>

3. ALL Registration fees must be fully paid for all athletes competing.
4. Strictly no Coaches allowed to Judge in favour of their Teams during the Competition.
5. Each Team shall not exceed the Total Number of 100 athletes.
6. Each Team shall only enter 2 best skippers in each age Group for the Double Dutch & Single Rope Speed Relays.
7. Judges decisions are strictly final.
8. From only Level 4 and above skippers, shall be liable and qualified to compete at the SAGF Nationals in September 2009. However, only good Level 3 skippers may be put into consideration by the committee in order to decide whether they go to Nationals or not as well.

**Competition Rules:**

1. Events:
  - Single Rope: Individual Speed (30 sec Speed, 30 sec Double Unders, 3 min Speed & Triples)
  - Double Dutch Speed Relay
  - Individual Freestyle
  - Double Dutch: Double 3/4
2. Single Rope Freestyles and Double Dutch Freestyles routines must go up until 45 sec and more, however shall not exceed 75 sec (1min, 15 sec) freestyles limit.  
Freestyles in both categories that fail to meet the 45 sec compulsory limit shall loose 3 points.
3. No athletes shall compete without his or her own Birth Certificate/Identity Document (ID) copy attached to their Registration Forms.
4. All athletes must enter and compete at their own Age categories, athletes shall be disqualified if fail to do the requested.
5. Strictly no Athletes allowed to go directly to the any Judge during the Competition.
6. Athletes should remain to their lines during the Competition and until the end, no skipper shall be waited upon during his or her turn to compete.
7. No athletes will be allowed to Jump without Takkies and shorts, as according to the International Rope Skipping Federation rule book.
8. All athletes competing in the **Western Province Rope Skipping Championships** are required to sign **The Freedom of Information and Protection of Privacy Act** consent Letter attached, by the exact way it's directed on the Form.

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**22 AUGUST 2009-BELLVILLE VELODROME**

Saturday, August 22<sup>nd</sup>, 2009

**SKIPPING IS FUN!!**

**INDIVIDUAL REGISTRATION-2009**

NAME OF PARTICIPANT: \_\_\_\_\_

HOME ADDRESS: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ CODE \_\_\_\_\_

BIRTH DAY:        yr: \_\_\_\_\_ mo \_\_\_\_\_ day \_\_\_\_\_ Age as of Jan. 1/09: \_\_\_\_\_

TEAM NAME: \_\_\_\_\_

Please note that all participants must wear clothing of safe participation – including properly tied athletic shoes, socks, sports clothing that allows freedom of movement. Bare feet or socks only may not be used.

I agree to abide by the rules and regulations above and am aware that the competition organizers and the Western Province Gymnastics Association assume no responsibility for any injury to myself, or loss or damage to my property.

X \_\_\_\_\_  
Participant's Signature

X \_\_\_\_\_  
Parent / Guardian Signature

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**TEAM REGISTRATION-2009**

FULL TEAM NAME: \_\_\_\_\_

	List of Competitors	Age As of Jan 1/09	Reg. Form Tick! Handed in
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Signature of Coach: \_\_\_\_\_

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**Freedom of Information and Protection of Privacy Act  
2009 Consent Form**

Club Name: \_\_\_\_\_

Athlete Name: \_\_\_\_\_

***Please Read Carefully, Sign and complete the consent section.  
Athletes under 18 years must have parental or guardian consent.***

The Freedom of Information and Protection of Privacy Act requires that consent be obtained for collection and use of personal information. (The taking of individual and group photos, the listing of achievement, the use of names in the newspaper, internet, listing of names, clubs, age etc.).

Please indicate your consent to enable the Western Province Gymnastics Association to continue to use information in the activities by signing either A or B.

A) I hereby consent to the collection and use of information (as outlined below on this form).

Signature or Parental/Guardian

Date

\_\_\_\_\_

\_\_\_\_\_

B) I hereby consent to the collection and use of information (as outlined below on this form).

EXCEPT for the following items: \_\_\_\_\_

Signature or Parental/Guardian

Date

\_\_\_\_\_

\_\_\_\_\_

The Western Province Freedom of Information and Protection of Privacy Act requires that consent be obtained for collection and use of personal information. The use of information will be used for: registering athletes for rope skipping competitions, competition results (in all media formats), and club and provincial records. All information collected from or pertaining to athletes will be kept private and confidential, unless authorized in writing by the athlete or parents (guardians) themselves.

Activities that require your consent include, but not limited to:

1. Individual photos that are taken.
2. Photos or videos that are used in electronic or print media.
3. Athlete name, gender and/or age and description of activities (i.e.: results) that are used in the newsletters and other communications in print form, electronic or otherwise.
4. The use of athletes name, gender, and age in team lists or databases to enable clubs to send data to other clubs.
5. Other activities within the rope skipping community.

Please note that photos and/or video of activities that are open to the general public may be taken and used for purposes within and outside the rope skipping community. The Association may not restrict such activity at public events.